

People Who Help Us - Lesson 1



Songwords and Extension Activities

Props Needed: An instrument each

1. Merry Music Go Round

(Tune of: Pop goes the weasel)

Merry, Merry Music Go Round
Merry, Merry Music
Sing and dance and play your sound
Let's make some music!

Action:

Clap your hands in time to the music, keeping a steady pulse.

2. Wave Hello

Wave Hello –Hello!	Hello all the boys – Hello!
Wave Hello –Hello!	Hello all the girls – Hello!
Wave Hello –Hello!	Hello everyone – Hello!
Wave Hello everybody –Hello!	Hello everyone – Hello!

Action:

Copy the actions on the video and join in with the singing together.

3. Miss Polly Had a Dolly

Miss Polly had a dolly who was sick, sick, sick	(pretend to rock baby)
So she called for the doctor to come quick, quick, quick	(pretend to call on phone)
The doctor came with his bag, and his hat	(pretend to hold bag, and pat head)
And he knocked on the door with a rat a tat tat	(pretend to knock)
He looked at the dolly and he shook his head	(shake head)
He said Miss Polly put her straight to bed	(pretend to sleep)
He wrote on the paper for a pill, pill, pill	(pretend to write on pad)
I'll be back in the morning yes I will, will, will	(wave)

Action:

Copy the actions on the video and join in with the singing together.

Action Song: Standing up

4. I Am Fire-fighter – Can You See?

I am a fire-fighter can you see? (walk to the music)

Will you come to work with me?
Hold the hose tight – turn the water on

(turn on tap)

Squirt, squirt, squirt
All day long!

(hold hose and squirt water)

V2: I am a doctor can you see?...giving people medicine, making them strong, listen, listen, listen, all day long

V3: I am a builder, can you see?...building the houses, singing our song, tap, tap, tap the bricks, all day long

V4: I am a dentist can you see?...looking after teeth, keeping them strong, showing how to brush them all day long

Action:

Copy the actions on the video and sing the song together.

Extension Activity:

Which other 'people who help us' can the children think of? Can they think of actions show you what these people do in their jobs? Encourage them to think of new verses and actions, and share these with their friends.

5. 10 Little Policemen

1 little, 2 little, 3 little policemen
4 little, 5 little, 6 little policemen
7 little, 8 little, 9 little policemen
1 more policeman makes 10

Action:

Sing the song and count the policemen on your fingers all together, encouraging the children to hold up one more each time, until you reach 10. Then play along with your instruments.

Action Song: Standing up

6. Dance, Dance, Dance 'Til The Music Stops

Dance, dance, dance til the music stops
Dance, dance, dance til the music stops
Dance, dance, dance til the music stops
Then stand still – stop!

V2 Drive, drive, drive...

V3 Climb, climb, climb...

V4 Squirt, squirt, squirt....

V5 Put on your hat...

V6 Run, run, run...

Actions:

Copy the actions on the video and join in with the singing together.

Extension Activity:

What other verses can the children create? What other actions can they link to 'people who help us' and the jobs that they do? Can they think of some faster and slower verses and share them with the group?

Instruments

7. Let's all play our instruments

Chorus:

Let's all play our instruments, let's all play our instruments
 Let's all play our instruments...now what sounds can we play?

Verse 1:

Can you play a quiet sound?
 Can you play a quiet sound?
 Can you play a quiet sound?
 Play along with me

V2: Can you play a loud sound.....

V3: Can you play a slow sound....

V4: Can you play a fast sound.....

V5: Let's all play our instruments

Action:

Play your instruments together, stopping at the end of each verse. Children listen carefully to the video to see how they will play in the next verse, copying the speed and dynamic (volume).

8. I'm A Firefighter

I'm a firefighter in an engine red
 Boots on my feet and hat on my head
 When I hear the bell ring, hear me shout
 'Where's the fire? Let's put it out!'

Action:

Play your instruments and sing the song together.

9. Lets Sing Bye Bye

Let's sing bye bye everybody
 Let's sing bye bye
 Let's sing bye bye everybody
 Let's sing bye bye